

Dance Classes 舞蹈課程

Jazz & Theatre Dance Beginner 初級爵士舞及音樂劇舞

This class will introduce the students to the exciting world of Jazz and Theatre Dance. Classes will cover the fundamentals of these two dance styles with basic dance steps and terminology. Students will focus on proper body placement, technical exercises and finishing each class with an exciting dance combination that will incorporate style and technique. **No previous dance training required.**

本課程為學員介紹爵士舞及音樂劇舞的精采世界。導師以簡單舞步去教授這兩種舞蹈的基本技巧及舞蹈的專用術語。課堂專注訓練學員身體的形態定位及基本功練習，配合風格及技巧去排練一連串的精采舞步組合。本課程無需任何舞蹈經驗。

Lyrical Jazz

Combining the elements of classical ballet and jazz dance, Lyrical Jazz is expressive, dynamic and conveying musicality and emotion through dance movement. This class will introduce the techniques of lyrical jazz and students will dance to the rhythm of the songs selected and express the emotions of the poetic lyrics.

Suitable for students with a minimum of ONE year of technical dance training

Ballet Beginner 初級芭蕾舞

A great class for novice dancer, Ballet Beginner will introduce the basics of ballet through ballet barre, floor work and simple dance combinations. Students will learn proper ballet body placement and basic dance techniques. A fun class to improve strength, flexibility, posture and the fundamentals of dance.

No previous dance training required.

Jazz & Theatre Dance Beginner (Advance) 進階初級爵士舞及音樂劇舞

This beginner class is a continuation of Jazz & Theatre Dance Beginner Course and concentrates on more difficulty steps, technique and styles. Materials will include faster tempo and rhythms, and the demand for technique will be higher. The course will also include more challenging turns and jumps. Emphases will be placed on the connection between style, technique and facial expression to enhance students' performing skills.

本課程是初級爵士舞及音樂劇的進階班。學員將學習較 JB1-MD 難度高的舞步、技巧及舞蹈品種，課堂上練習的拍子會較快，在技巧控制上要求亦更高，更會教授新的轉身及跳動技巧。每課堂的舞步組合將風格、舞蹈技巧及面部的表達能力配合起來，來訓練學員舞台的表演技巧。

Jazz & Theatre Dance Intermediate 中級爵士舞及音樂劇舞

This class is a continuation of Jazz Beginner and develops more advanced technical proficiency and expression in all styles of Jazz and Theatre Dance. Emphases are on performing skills, facial projection, technique and emotional expression.

Suitable for students with a minimum of TWO years of technical dance training and good understanding of body placement and alignment.

本課程是初級爵士舞的進階班。學員將學習難度更高的技巧及各種爵士舞、百老匯音樂劇舞蹈上的風格。舞蹈技巧、表演技巧、面部表達能力及舞蹈的情感亦是課程的學習重點。本課程適合有兩年或以上舞蹈技巧訓練，及對身體運用有良好知識的學員。

Jazz & Theatre Dance Performance 爵士舞及音樂劇舞表演班

The objective of this class is to provide a platform to students to advance and practice their performing skills in dancing. Students develop more advanced technical proficiency and expression in all styles of dance. Students will learn many famous dance numbers from Broadway musicals and Jazz dance repertoire. Students might have chance to represent the school to perform in public performance.

Suitable for students with a minimum of two years of technical dance training.